



PHYSICAL EDUCATION - LONG TERM PLAN - 2025/2026

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
R	Movement and Space	Movement and Space	Gymnastics	Games	Athletics	Invasion games
	Multi skills	SAQ	Throwing/kicking	Agility, balance , co-ordination	Gymnastics	Striking and fielding
Yr 1	Movement and Space	Football	Sportshall Athletics	Tri golf	3 Tee's Cricket	Net/Wall
	Multi skills	Gymnastics	Netball	Hockey	Athletics	Sports Day
Yr 2	Throwing and catching	Football	Gymnastics	Dodgeball	3 Tee's Cricket	Net/Wall
	Multi skills	Sportshall Athletics	Netball	Hockey	Athletics	Sports Day
Yr 3	Football	Football	Tag Rugby	Basketball	Hockey	Rounders
	Netball	Tag Rugby	Basketball	Hockey	Tennis	Athletics
	Invasion games	Sportshall Athletics	Fitness	Gymnastics	Rounders	Rapid Fire
Yr 4	Football	Tag Rugby	Basketball	Basketball	Tennis	Athletics
	Netball	Football	Tag Rugby	Hockey	Rapid Fire	Rounders
	Invasion games	Sportshall Athletics	Fitness	Gymnastics	Fitness	Sports day/Games



Yr 5	Football	Tag Rugby	Tag Rugby	Rounders	Tennis	Athletics
	Netball	Football	Cross Country	Hockey	Athletics	Rounders
	Invasion games	Sportshall Athletics	Basketball	Gymnastics	Tri Golf	Team Games
Yr 6	Football	Tag Rugby	Hockey	Rounders	Tennis	Athletics
	Netball	Football	Cross Country	Hockey	Dynamos	Rounders
	Invasion games	Sportshall Athletics	Basketball	Gymnastics	Tri Golf	Team Games